

**USC** Schaeffer

Sol Price School of Public Policy

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# Public Policy For Addressing the COVID-19 Pandemic

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# **Public Policy for COVID-19**



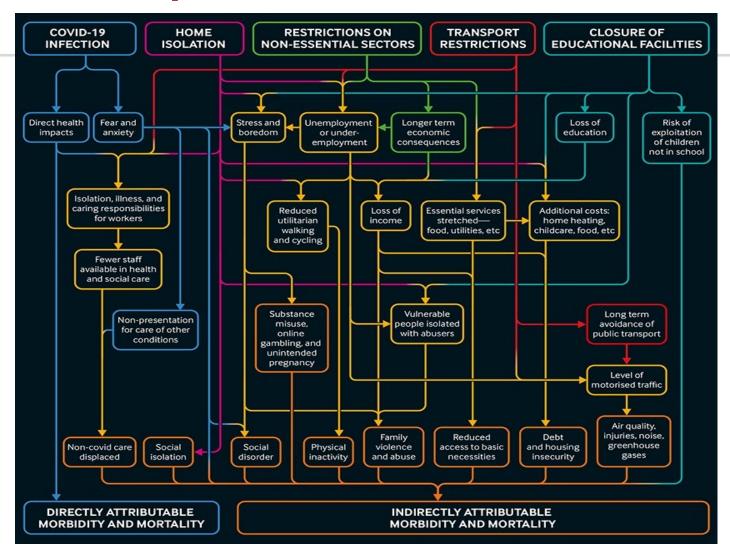
#### **Overview:**

- Today I will:
  - Propose two broad principles on how to think about public policy for addressing the COVID-19 pandemic
  - -Apply these principles to evaluate "shelter in place" policies

# What should the goal or objective of COVID-19 public policy be?

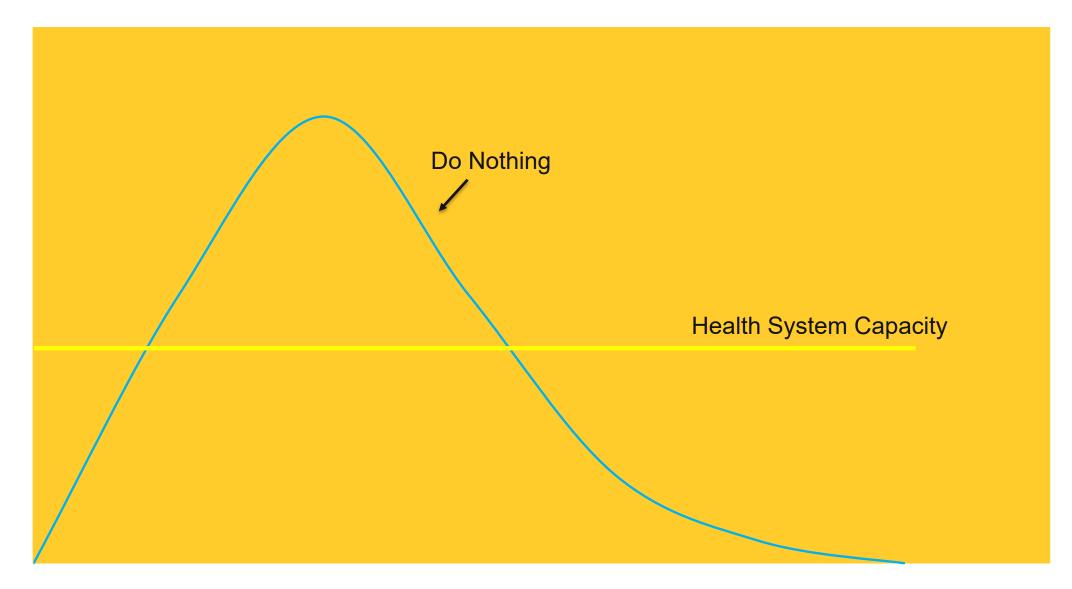


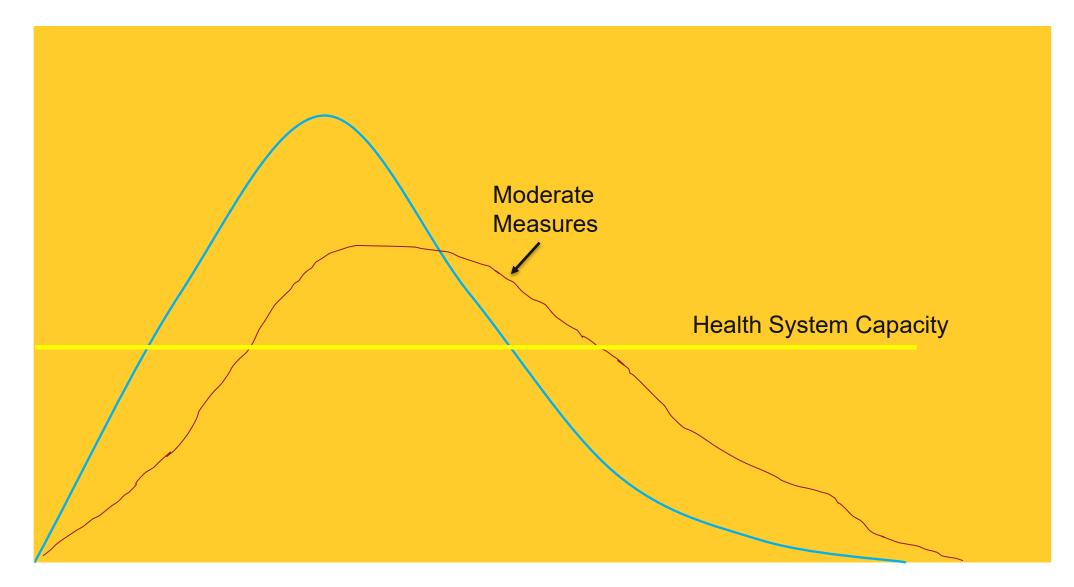
# **Principle 1:Maximize Welfare**

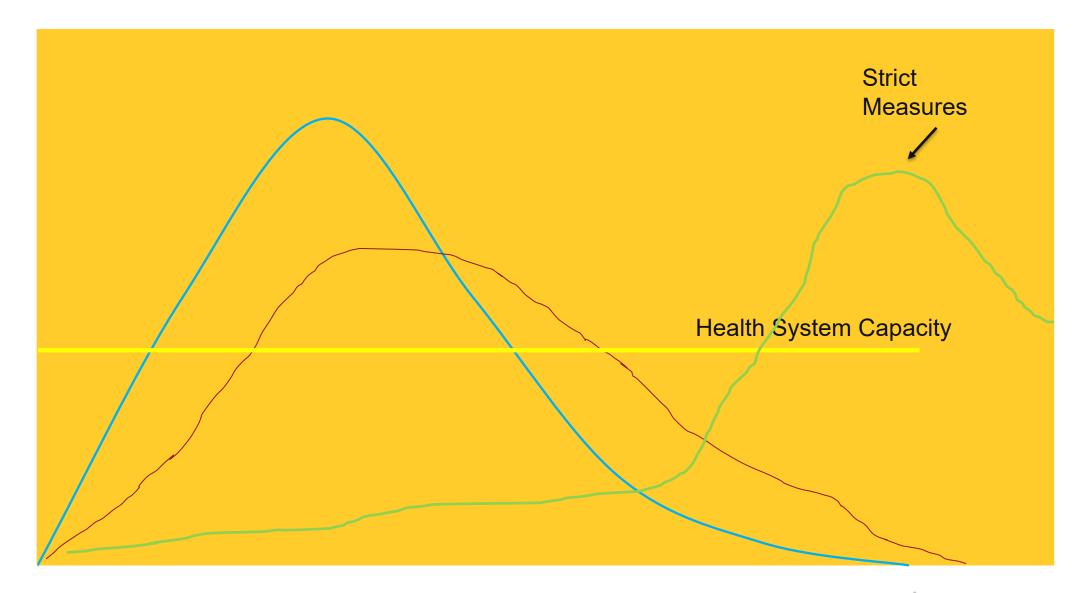


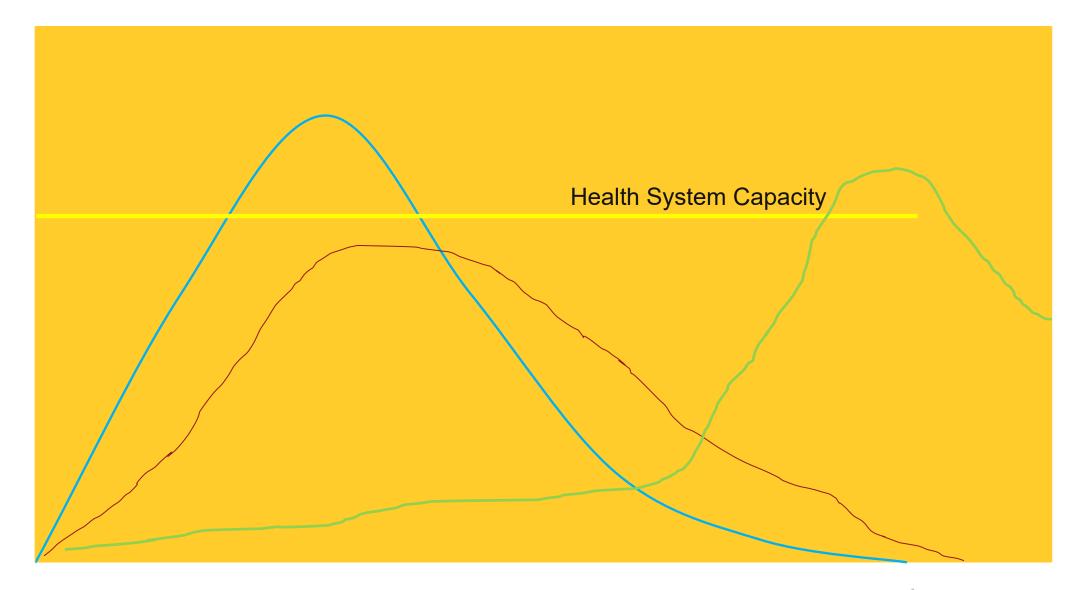
# **Principle 2:Think Long Term**





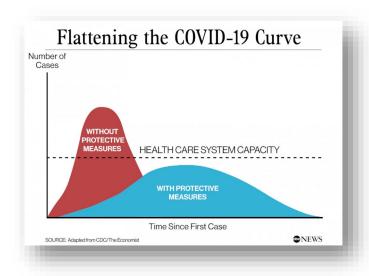






### It is unclear what shutdowns do to improve health

- Reduce the number of cases
- Flatten the curve



- Reduce non-COVID healthcare use
- Impact health in other ways (stress, mental health, etc)

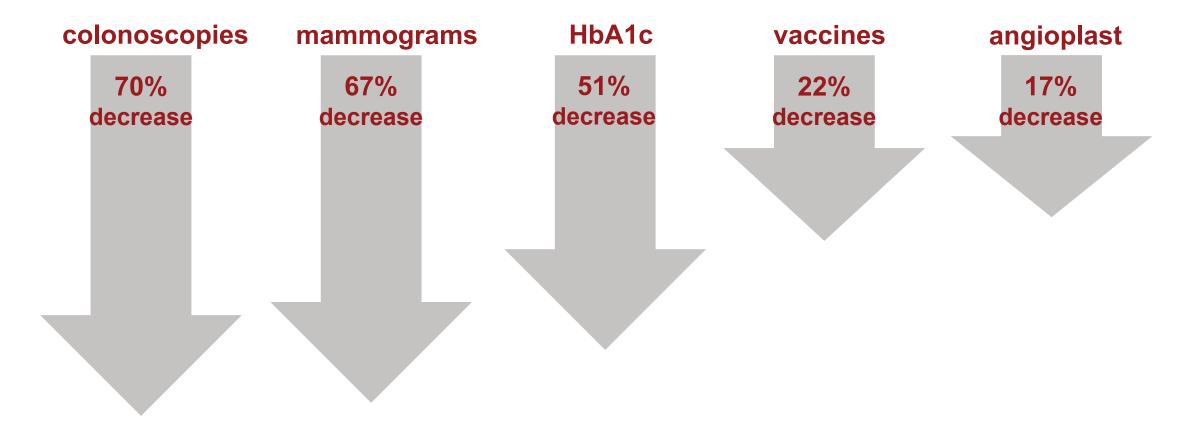


# Were the COVID-19 Shutdowns Worth It? Measuring their Impact on Health

- Patients' interactions with the healthcare system
- Country and state stay-at-home orders and excess mortality
- School shutdowns and COVID-19 cases

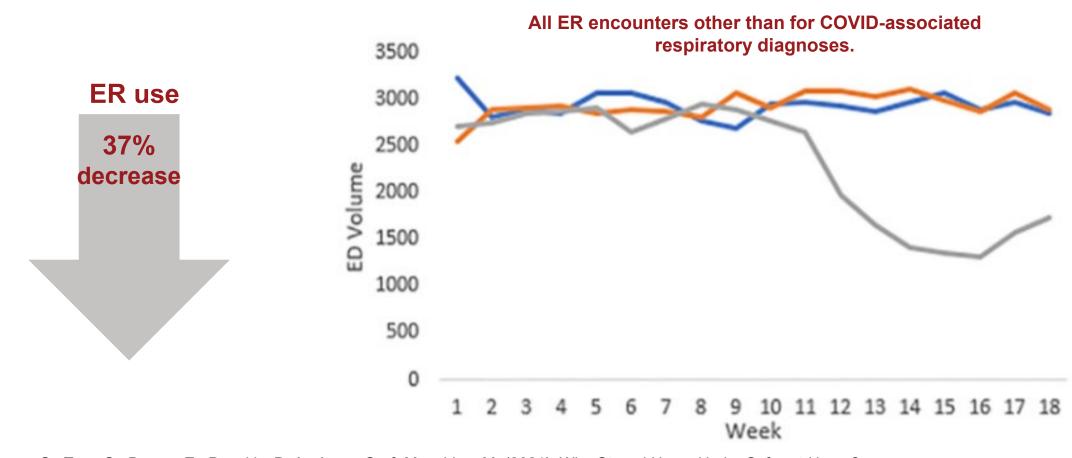
# There were significant declines in healthcare use in the first two months of the pandemic

\*Relative to March and April, 2019



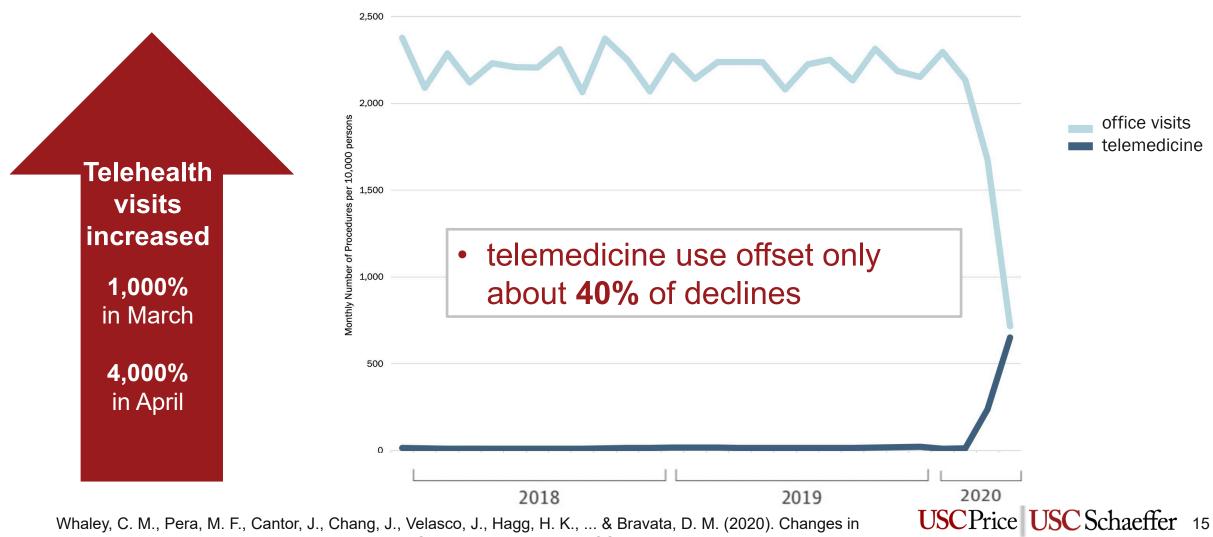
# Emergency department use also declined dramatically during the first surge in L.A. County

\*Relative to March and April, 2019 and 2018



Lam, C. N., Axeen, S., Terp, S., Burner, E., Dworkis, D. A., Arora, S., & Menchine, M. (2021). Who Stayed Home Under Safer-at-Home? Impacts of COVID-19 on Volume and Patient-Mix at an Emergency Department. Western Journal of Emergency Medicine: Integration Integration 14 Emergency Care with Population Health.

# Decline of in-person care was accompanied by a significant uptick in telehealth use

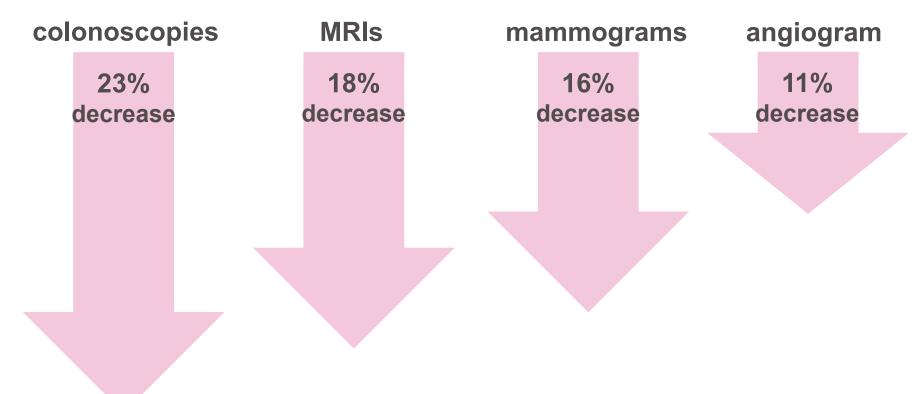


health services use among commercially insured US populations during the COVID-19 pandemic. JAMA Network Open 3(11) e2024984-e2024984

### County-level shelter in place orders explain part of the decline



#### **Shelter-in-place policies lead to:**



#### Were the COVID-19 Shutdowns Worth It? Measuring their Impact on Health

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# We analyzed the impact of country-level stay at home orders on excess deaths

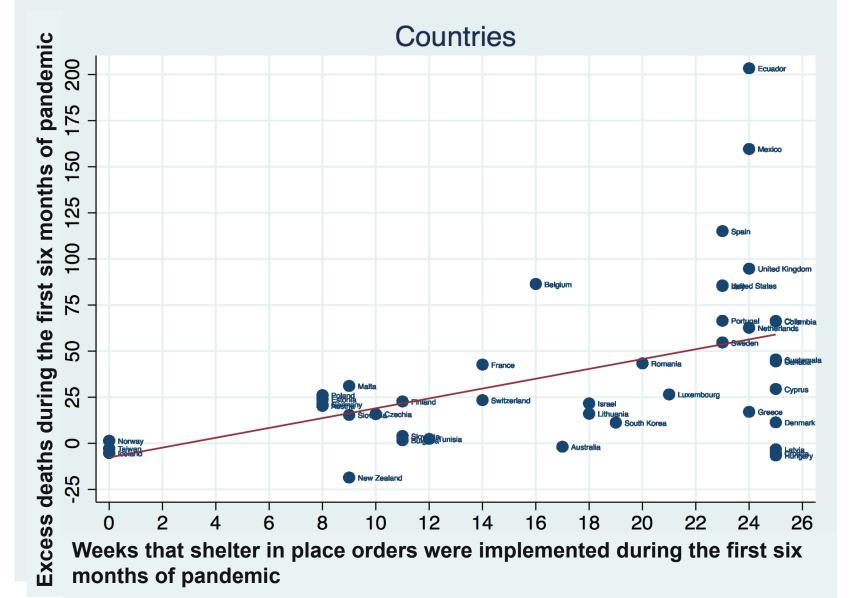
### **Shelter in place orders ranked:**

- **0** No measures
- 1 Recommended not leaving house
- 2 Required not leaving house with exceptions for daily exercise, grocery shopping, and essential trips
- 3 Required not leaving house with minimal exceptions (e.g. allowed to leave only once a week, or only one person can leave at a time, etc.)

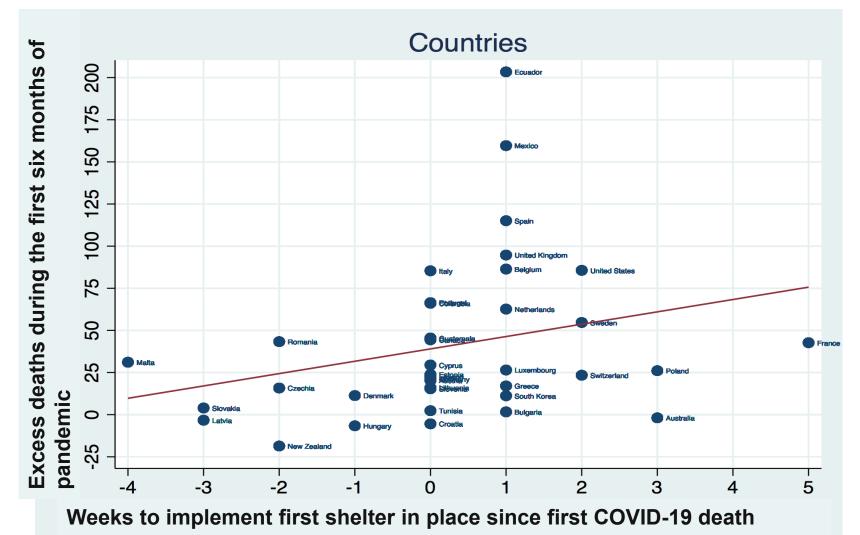
#### **Excess deaths:**

Deaths in 2020 in excess of the average deaths in 2015-2019 (all causes)

# International Comparison: Duration of Shelter in Place orders positively associated with increased excess deaths

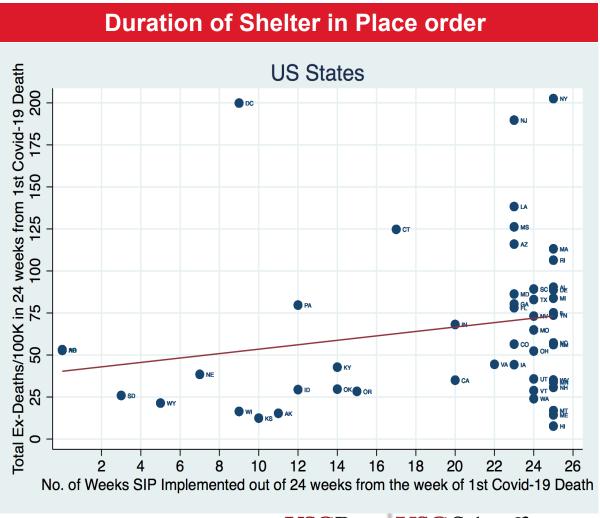


# International Comparison: Speed of Shelter in Place orders positively associated with increased excess deaths

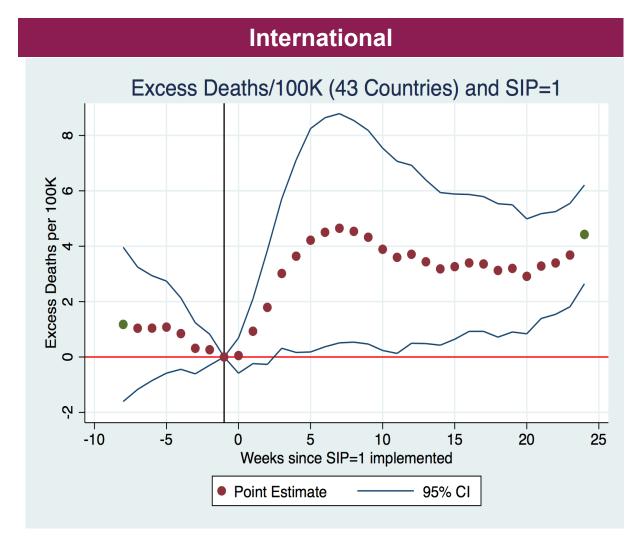


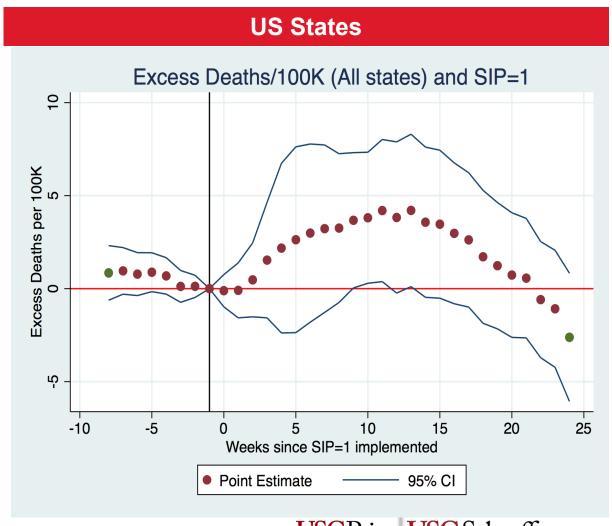
# We also analyzed excess deaths across U.S. states and found a similar pattern





# Similar results even when we look at trends in excess mortality within states/countries after shelter in place orders

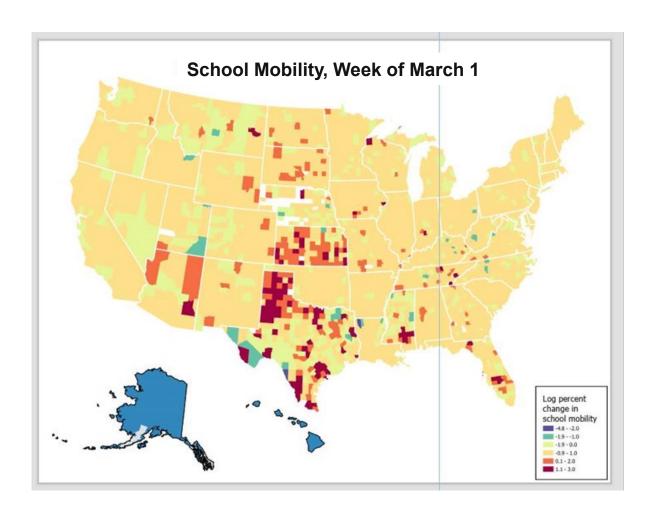


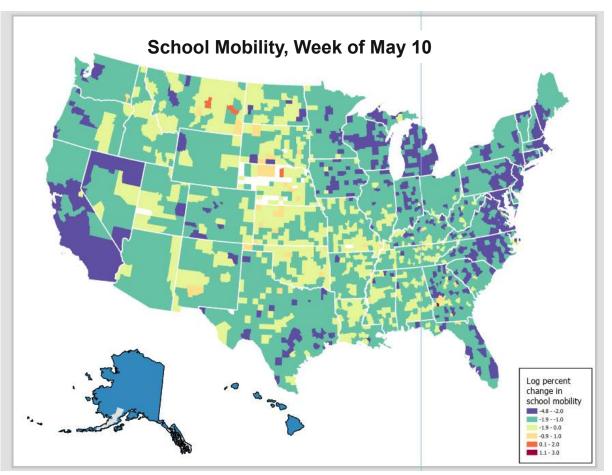


# Were the COVID-19 Shutdowns Worth It? Measuring their Impact on Health

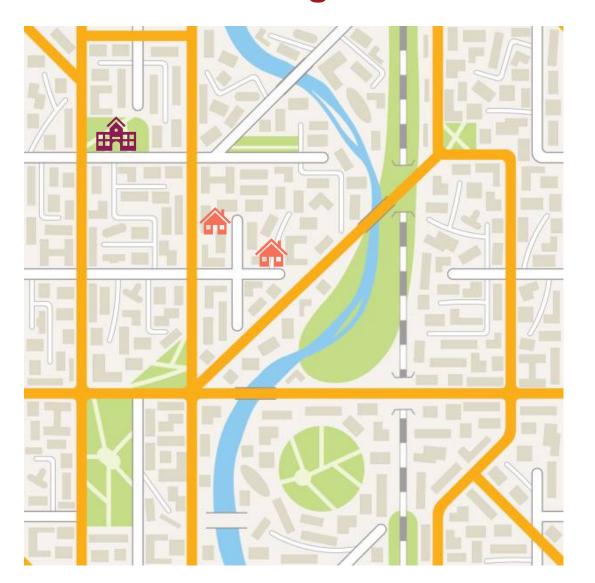
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# We identified whether schools were open based on cell-phone data





When schools re-open, risks for households without children should not change much







### School re-openings lead to small increases in cases

Risk is low overall: A doubling of county-level school mobility leads to a 0.3 per 10,000 household increase in COVID-19 diagnoses for households with children.

#### Risk is higher in lower income counties:

- Lowest income: 1.2 increase in cases per 10,000 households
- Low income: 0.6 per 10,000 households
- **Medium income:** 0.4 per 10,000 households
- **High income:** 0.1 per 10,000

Risk is higher in counties with higher prevalence: A one per 10,000 increase in new cases leads to a 0.16 per 10,000 increase in COVID-19 cases for households with children.