

Smart Growth, Environmental Justice, and Projected Cancer Risk in Southern California:
A Case Study in Regional Planning and Public Health

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1 ABSTRACT

2 As cities and regions are working towards sustainability by enhancing transit infrastructure and
3 increasing population and employment in targeted neighborhoods, a question arises if greater
4 density in urban areas will increase the exposure of cancer risk to a larger number of people,
5 especially in areas that are in close proximity to highly traveled corridors. Since urban areas have
6 traditionally held a higher share of racial and ethnic minority groups than suburban and outlying
7 areas, this paper will specifically examine the implications of “smart growth” land use and
8 transportation strategies for the public health of various population groups. The recent 2012-
9 2035 Regional Transportation Plan and Sustainable Communities Strategy (RTP/SCS) adopted
10 by the Southern California Association of Governments (SCAG) serves as a case study to
11 examine the projected cancer risks in Southern California attributed to this Plan. Geographic
12 Weighted Regression (GWR) is used to determine future health risk based upon current and
13 projected emissions outputs associated with on-road vehicles. This study shows that increased
14 transit infrastructure and targeted growth in transit-oriented neighborhoods reduces the amount
15 of disproportionate impacts for certain racial and ethnic minority groups associated with cancer
16 risk in future years. Alternatively, the number of persons exposed to higher cancer risk areas is
17 greater in many areas as a result of these such strategies. In order to reduce this impact, SCAG
18 should continue to work with local jurisdictions and partner agencies to discourage the amount of
19 new developments that are sited in areas close to highly traveled corridors.
20

1 INTRODUCTION

2 Smart growth strategies, which aim to improve communities by encouraging infill development
3 and transit investment in targeted areas, are known to curb sprawl and reduce overall vehicle
4 miles traveled (VMT) in affected neighborhoods (1). As cities and regions begin to embrace
5 these policies and plan for a sustainable future, population density in urban areas is anticipated to
6 increase. As is the case in Southern California and many places in the United States, health risks
7 that result from emissions are often greatest in areas where activity from on-road vehicles is
8 highest (1). Urban areas are frequently crisscrossed with heavily traveled corridors, shaping these
9 places to be some of the worst areas for health and cancer risk. Recent epidemiological studies
10 indicate that urban residents are 1.5 times more likely to contract lung cancer than their rural
11 counterparts (2). Neighborhoods that are in very close proximity to highways and freeways are
12 also especially at risk, as particulate pollution tends to concentrate near highly traveled
13 roadways, and drops off by about 70% outside of 500 feet (152 meters) (3). This heavy
14 concentration of pollutants has a significant impact on residents' health. In a 2004 study
15 conducted in 12 Southern California neighborhoods, children living within 500 feet (152 meters)
16 of a freeway had impaired growth in lung capacity as compared to children who lived more than
17 1500 feet (457 meters) from a freeway (4). Understandably, the health impacts of increasing
18 population density in urban areas could prove harmful due to a potential rise in the number of
19 individuals exposed to greater risk. Furthermore, it is important to note that urban areas in
20 Southern California tend to have a larger representation of racial and ethnic minority groups than
21 is seen in the greater region. The health impacts to these population groups ought to be examined
22 in greater detail as well.

23 This paper will use the Southern California Association of Governments' (SCAG) recent
24 2012-2035 Regional Transportation Plan and Sustainable Communities Strategy (RTP/SCS) as a
25 case study to examine the impacts of smart growth strategies on cancer risk resulting from
26 projected on-road emissions for the horizon year of the Plan, 2035. Analysis will be done at the
27 regional level and for areas in close proximity to highly traveled corridors. Health impacts will
28 be tabulated based upon overall risk, the number and race/ethnicity of exposed individuals, and
29 the presence of disproportionate impacts to any group - as determined by comparing the
30 concentration of each ethnic group in an affected area to that group's representation in the region
31 as a whole. To conduct this analysis, a geographically weighted regression method (GWR) is
32 used to project cancer risk in future years based upon modeled on-road emissions factors that are
33 generated from the RTP/SCS. Results show that cancer risk is reduced due to the implementation
34 of the Plan at both the regional level and for areas in close proximity to highways and freeways.
35 Data from this study show that the implementation of the RTP/SCS reduces disproportionate
36 health impacts for many racial/ethnic groups when compared to a no-build scenario. Due to the
37 increase of population in urban areas, however, there will be a greater number of people who are
38 exposed to higher health risks in many, but not all, instances.

39

40 BACKGROUND

41 Southern California largely came of age during the height of the automobile, and features an
42 extensive roadway system with nearly 21,000 centerline miles (33,800 centerline km) and 65,000
43 lane miles (104,600 lane km). It includes one of the United States' most extensive High-
44 Occupancy Vehicle (HOV) lane systems and a growing network of toll lanes, as well as High
45 Occupancy Toll (HOT) lanes. Although the roadway infrastructure is one of the most
46 comprehensive and far reaching in the world, the transportation system falls short of the demand

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1 for travel, as nearly 3,000,000 person-hours are spent sitting in traffic annually (*I*). The region
2 today faces unprecedented challenges in accommodating the additional population and economic
3 activity expected over the next 25 years. Currently, the area is home to approximately 6 million
4 households, 55 percent of which live in detached single-family homes. Southern California is
5 expected to add 644,000 new households by 2020 and a total of 1.5 million new households by
6 2035. Such future growth will put additional pressure on an already congested transportation
7 system, on communities and neighborhoods that have been in existence for many decades, and
8 on the region's fragile natural environment. Fortunately, recent trends in real estate demand
9 could support a solution. In the postwar era that shaped the popular image of Southern
10 California, most households consisted of parents with children. In the 21st century, this no longer
11 holds true, and today, only a small number of households have children at home, and the number
12 of households without children—including senior citizens and young people forming their first
13 household—is dramatically increasing (*I*). As a result, there is an expected increase in demand
14 for small-lot single-family houses and multifamily housing in close proximity to amenities,
15 including local shopping and transit service.

16 In order to design for these anticipated population and demographic trends, the Southern
17 California Association of Governments (SCAG) has adopted a plan that increases transit
18 infrastructure and targets population growth in areas with rail or frequent bus transit service.
19 Since 2000, SCAG has worked actively with the people and institutions of Southern California to
20 create a dynamic regional growth vision based on four principles of mobility, livability,
21 prosperity and sustainability. Charged by federal law with preparing a Regional Transportation
22 Plan every four years, SCAG has traditionally focused on the mobility impacts of the region's
23 growth. The recent passage of California State Senate Bill 375 (SB 375) directs SCAG with an
24 additional area of responsibility and provides the region with a renewed opportunity for
25 integrated planning for the future. Under SB 375, the primary goal of the SCS is to provide a
26 vision for future growth in Southern California that will decrease per capita greenhouse gas
27 emissions from automobiles and light trucks. The RTP/SCS combines an increase in transit
28 investment with targeted density of jobs and housing in transit intensive neighborhoods to reach
29 this goal.

30 Specific transit policies in the 2012-2035 Regional Transportation Plan and Sustainable
31 Communities Strategy (RTP/SCS) call for a drastic expansion of heavy rail, light rail, rapid bus
32 and bus rapid transit (BRT) service throughout the region. The RTP/SCS includes significant
33 investments in public transit across all transit modes. There is a \$56.6 billion dollar investment in
34 transit capital, a \$47.7 billion dollar investment in passenger rail, and a \$139.3 billion investment
35 in transit operations and maintenance. The host of new investments in transit facilities, from new
36 rail on fixed guideways to smaller capital projects for BRT, such as bus signal priority and bus
37 lanes, will produce a large reduction in vehicle miles traveled (VMT) as these new services
38 garner new riders to transit and reduce single occupancy vehicle (SOV) commuting (*I*). Along
39 with transit investments, the strategies outlined in the RTP/SCS promote the development of
40 better places to live and work through measures that encourage more compact development and
41 varied housing options. The overall land use pattern in the RTP/SCS focuses jobs and housing in
42 the region's designated High-Quality Transit Areas (HQTA). An HQTA is generally a walkable
43 transit village, and is within one-half mile of a well-serviced transit stop, and includes transit
44 corridors with minimum 15-minute or less service frequency during peak commute hours. The
45 RTP/SCS assumes that 51 percent of new housing developed between 2008 and 2035 will be
46 within QTAs, along with 53 percent of new employment growth (compared with 39 and 48

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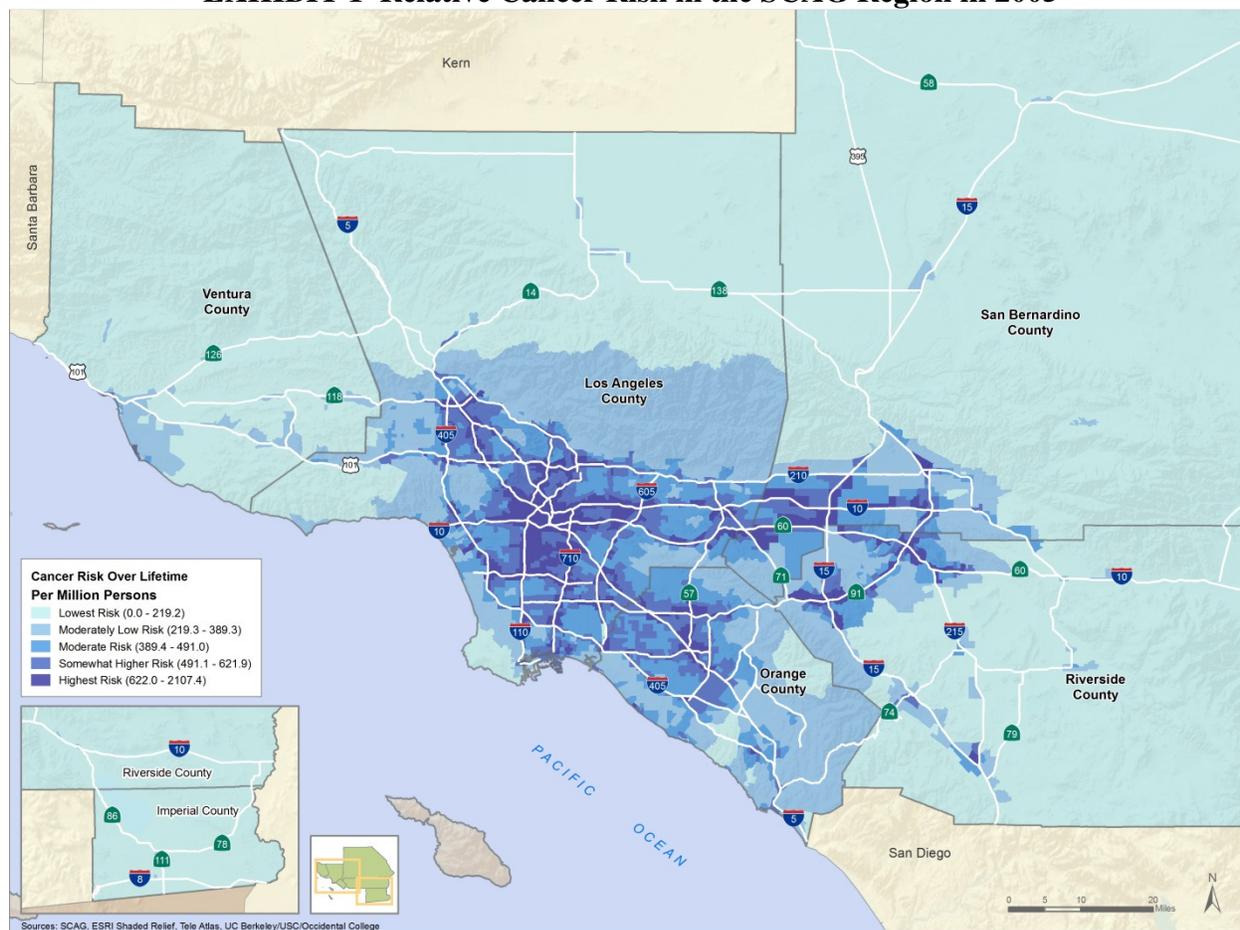
1 percent, respectively, in 2008). As a result of this two pronged strategy that combines transit
2 investments with targeted population and employment growth, the share of work trips less than
3 three miles is projected to increase from 14.8 percent under the business-as-usual scenario to
4 15.4 percent under the Plan (I). Although this strategy of increasing population density in areas
5 that will be better served by transit will decrease VMT throughout the region, additional analysis
6 is necessary to determine whether this targeted approach will increase both the rate and exposure
7 of cancer risk to urban populations, specifically as it relates to racial and ethnic minority groups.
8

9 **MATERIALS, METHODS, AND DATA**

10 For each RTP/SCS planning cycle, SCAG produces an Integrated Growth Forecast (IGF), which
11 projects population, household, and employment growth for the base year and horizon years of
12 the plan. The IGF is developed through a combined top-down/bottom-up approach in which
13 SCAG collaborates with state agencies and local jurisdictions to generate demographic figures
14 that are both reflective of regional population growth trends and anticipated economic factors at
15 the local level. Currently, the region has a high level of racial/ethnic diversity in 2010 with a
16 Hispanic population of 45 percent, a non-Hispanic White population of 34 percent, a non-
17 Hispanic Asian population and others of 14 percent, and a non-Hispanic Black population of 7
18 percent. The region's racial/ethnic composition is projected to exhibit a rapid change toward a
19 majority Hispanic population of 56 percent in 2035, while the share of the non-Hispanic White
20 population is projected to drop sharply to 22 percent (I). Due to the Plan's targeted approach of
21 increasing population in areas well served by transit, the IGF contains greater residential
22 densities in High Quality Transit Areas (HQTAs) than is seen in the population forecast for a no-
23 build scenario. The IGF provides a detailed breakdown of demographic information, including
24 race and ethnicity, at the Transportation Analysis Zone (TAZ) level. TAZs closely resemble the
25 geography of census tracts and vary in size across the region from 25 acres (10 hec) in the
26 densest urban areas to 1,779,450 acres (720,117 hec) in rural areas.

27 The impact of ozone and particulate emissions on public health for many population groups
28 can be seen in the instances of cancer in a designated geographic area. The rate of cancer risk per
29 one million people as a result of emissions in the SCAG region is displayed in Exhibit 1. This
30 dataset was developed through a recent study from Pastor, Morello-Frosch, and Sadd and
31 considers a number of indicators detailing cumulative impacts and vulnerability in the SCAG
32 region. These indicators include: "(a) proximity to [mobile and stationary] air pollution hazards
33 and land uses that are either associated with high levels of air pollution or [areas that are] 'host'
34 [to] sensitive populations...; (b) exposure and health risk measures associated with specific air
35 pollutants and pollutant types; and (c) measures of social and health vulnerability that have been
36 identified from epidemiological literature on social determinants of health as well as EJ literature
37 on the determinants of siting and emissions" (5). This dataset was originally tabulated at the
38 Census Tract level, but was converted to TAZ through spatial transfer to promote geographic
39 continuity with SCAG's IGF. As is seen in Exhibit 1, the highest instance of cancer risk is
40 exhibited in the urbanized portions of the SCAG region, including the areas in and around
41 Downtown Los Angeles, along the I-10 and SR-60 highways in San Bernardino County, at the
42 SR-91/I-15, SR91/I-215 intersections in Riverside County, and at the SR-57/SR-22 intersection
43 in Orange County.
44

1

EXHIBIT 1 Relative Cancer Risk in the SCAG Region in 2005

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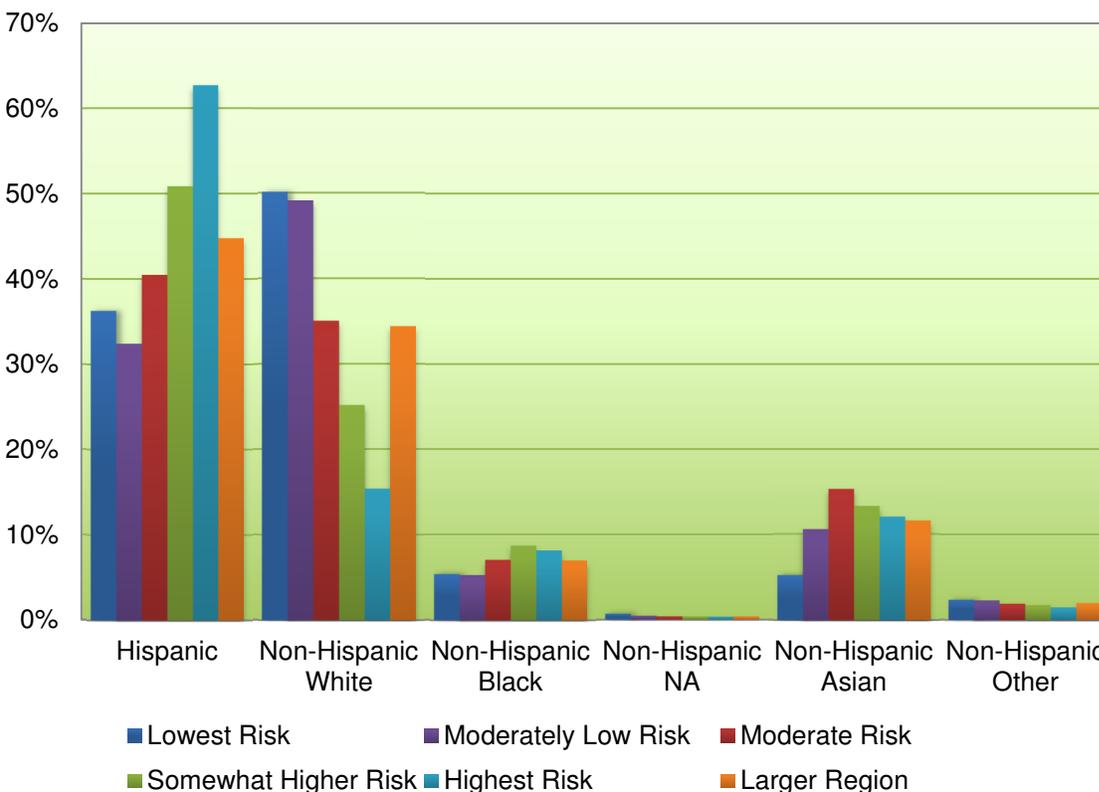
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5 In order to assess the impacts of cancer risk on minority population groups, relative
 6 cancer risk was ranked according to intensity and was broken down into equal quintiles, which
 7 range from the lowest relative risk areas to the highest relative risk. Exhibit 2 depicts the
 8 percentage of population by race/ethnicity in areas that experience a range of cancer risk, which
 9 can be compared to each group's representation in the larger region to identify disproportionate
 10 impacts. For example, the Hispanic population represents about 45 percent of all residents in the
 11 SCAG region in 2008. Hispanics also represent 63 percent of all residents who live in the highest
 12 cancer risk areas. Because the concentration of Hispanics in the highest risk cancer areas is
 13 greater than this group's representation in the region as a whole, it can be said that Hispanics
 14 currently experience a disproportionate impact in terms of cancer risk. Along with the Hispanic
 15 population, non-Hispanic Blacks also show a larger concentration in areas with higher cancer
 16 risk relative to this group's representation in the region. Non-Hispanic Whites, alternatively,
 17 have the lowest concentration in these same areas as compared to their share of the total regional
 18 population.

18

1 **EXHIBIT 2 Percentage of Population by Race/Ethnicity in Areas with Varying Cancer Risk**
 2 **(Base Year - 2008)**



3
 4 In order to compare the effects of the RTP/SCS on public health in future years, it is
 5 important to compare the RTP/SCS's land use and transportation scenario (known as the "Plan"
 6 scenario) to a business-as-usual scenario ("Baseline" or "no-build"). The 2035 Baseline scenario
 7 assumes current land use trends and represents a future in which only committed programs and
 8 projects are implemented and is based on projects programmed in the 2011 Federal
 9 Transportation Improvement Program (FTIP) that have received environmental clearance. The
 10 2035 Plan represents future conditions in which the 2012–2035 RTP/SCS investments and
 11 strategies are fully realized. To gauge performance, the health outcomes of these scenarios will be
 12 compared to one another, and to existing conditions for the base year of the RTP/SCS ("Base
 13 Year"). The 2008 Base Year represents existing conditions and is based on the transportation
 14 system on the ground and in service in 2008.

15 To evaluate the public health indicators from recent years with the anticipated health
 16 outcomes from the 2012-2035 RTP/SCS, cancer risk data was developed for both the Baseline
 17 and Plan scenarios in 2035. On-road emissions outputs for 2008 from SCAG's Direct Travel
 18 Impact Model (DTIM) model were correlated with the available 2005 cancer risk dataset. The
 19 DTIM was initially developed by Caltrans and is used to calculate the modeled amounts of air
 20 pollutants emitted from motor vehicles and fuel consumption for current and projected scenarios.
 21 The DTIM analysis is based on travel data produced by SCAG's Regional Travel Demand
 22 Model and on emission factors from the State's Emission Factor (EMFAC) Model (6). Pollutants
 23 estimated by DTIM include reactive organic gases (ROG), carbon monoxide (CO), carbon
 24 dioxide (CO₂), oxides of nitrogen (NO_x), and particulate matter less than 10 microns (PM).
 25 SCAG's DTIM takes into account the following transportation related inputs, and estimates

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1 pollutants at the Transportation Analysis Zone (TAZ) level: highway link information including
 2 volumes, distance, and congested speed from the highway assignment model; trip-end
 3 information; an intra-zonal trips (trips that never leave the TAZ), including average trip distance
 4 and time; percentages of cold starts, hot starts, hot soaks, and parked vehicles (6).

5 To calibrate this study, emissions outputs for the Base Year scenario (2008) as derived from
 6 SCAG’s DTIM were analyzed with cancer risk data from 2005 using an Ordinary Least Squares
 7 (OLS) model. Although the DTIM provides many outputs for analysis (ROG, CO, CO₂, NO_x,
 8 PM), it was found through exploratory regression that not all variables ought to be used for an
 9 ideal OLS due to problems of multicollinearity. ESRI’s Exploratory Regression tool, which
 10 “builds OLS models using all possible combinations for a given list of candidate explanatory
 11 variables and assesses which models, if any, pass the necessary OLS checks” (7), helped to
 12 identify that CO (kilograms/acre) was the strongest variable to explain the variance in cancer.
 13 CO is produced “due to the incomplete combustion of fuels, particularly by motor vehicles”(4).
 14 According to the Department of Public Health at the City and County of San Francisco,
 15 “exposure to high concentrations of CO reduces the oxygen-carrying capacity of the blood
 16 resulting in fatigue, impaired central nervous system function, and induced angina” (4). In order
 17 to account for the impacts of income on health, median income was also included as a variable
 18 for the OLS model. When these two variables were used to run a trial OLS model, it was found
 19 that many of the residuals from the model were derived from areas that contained a high number
 20 of freeways or were in close proximity to freeways. As discussed previously, particulate
 21 emissions are in very high concentrations near roadways and disperse within a predictable and
 22 measurable buffer area (3). Particulate pollution is created from many different sources,
 23 including motor vehicles – where it is produced through tailpipe emissions and brake pad and
 24 wear to tires. It can result in “impaired lung function, exacerbation of acute and chronic
 25 respiratory ailments, including bronchitis and asthma, excess emergency room visits and hospital
 26 admissions, pre-mature arteriosclerosis, and premature death” (4). To account for these factors,
 27 two additional variables were developed for this model: 1) distance from the center of a
 28 Transportation Analysis Zone (TAZ) to the nearest freeway/highway; 2) number of
 29 freeway/highway segments within 3,000 meters of the center of a TAZ. In completing an OLS
 30 for cancer risk using CO (kilograms/acre), median income, distance to nearest highway, and
 31 number of freeway/highway segments within 3,000 meters, the model was found to be
 32 significant (p=0.000) and had an R-squared of 0.5929, and an adjusted R-squared of 0.5924. The
 33 coefficients for these variables are listed below:
 34

Variable	Coefficient	T-Statistic	Probability
Intercept	354.609939	43.845600	0.000000
Median Income in 2008	-0.001042	-10.024296	0.000000
CO (kilograms/acre)	84.655502	37.622359	0.000000
Distance to Nearest Highway/Freeway Segment	-0.011088	-22.377659	0.000000
Number of Highway/Freeway Segments within 3,000 Meters	0.537862	25.379103	0.000000

35
 36
 37 As is the case with all geographic datasets, it was important to gage the level of spatial
 38 autocorrelation to assess the degree of spatial dependency between geographic records in the
 39 dataset. Moran’s I was used to this end for the cancer risk OLS model, and produced an index of
 40 0.17 and a Z-score of 253.12. These results suggest that spatial autocorrelation is somewhat

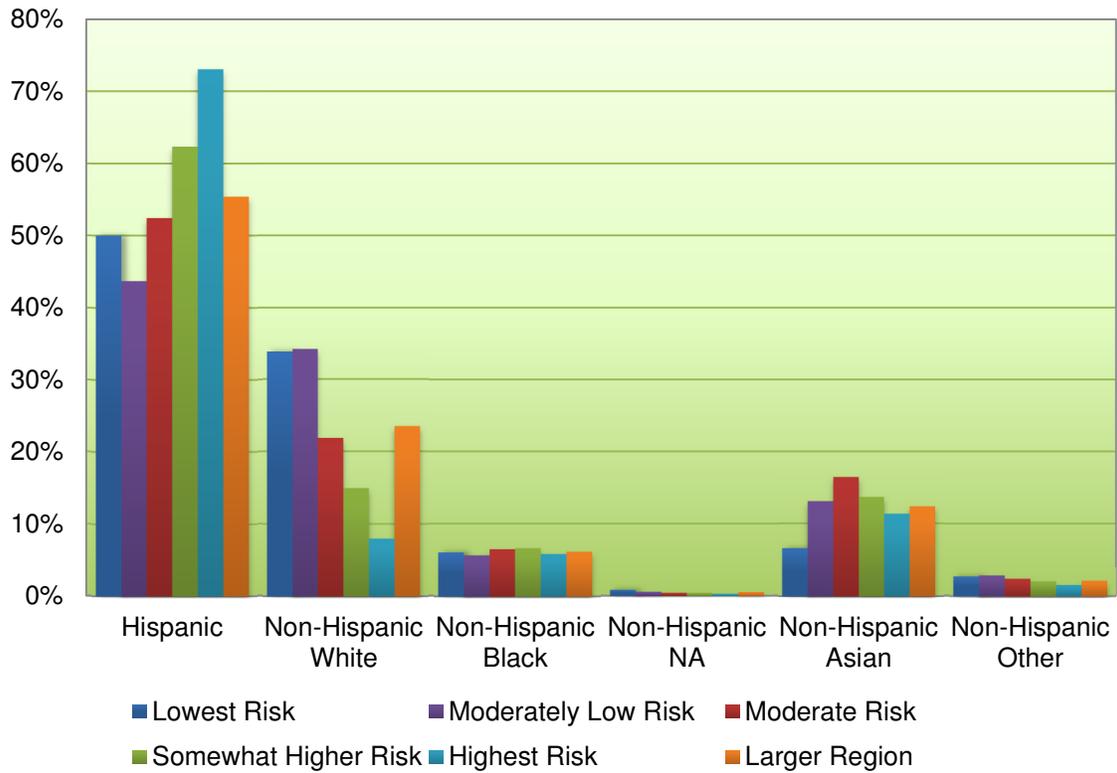
1 present in the data, and the analysis could benefit from a model that takes into account localized
2 conditions. The presence of spatial autocorrelation in the dataset was not unexpected due to the
3 heterogeneity of the TAZs and the interrelatedness of emissions at small geographies.
4 Fortunately, geographically weighted regression (GWR) serves as a tool that “addresses the issue
5 of spatial autocorrelation...by embodying spatial coordinates into the traditional global
6 regression model, GWR provides a set of local estimates using a weighted least-squares process
7 in which the weights are linked to the distance of the observation to the regression point” (8). For
8 this reason, GWR was used to predict cancer risk for Baseline and Plan scenarios in future years.
9 When GWR is used to estimate cancer risk in 2035, R-squared increases to 0.9455 and adjusted
10 R-squared moves to 0.9061.

11 The results of this analysis are depicted in Exhibits 3 and 4, which show the breakdown
12 of population groups by race/ethnicity according to cancer risk areas for both the Baseline and
13 Plan scenarios. So as to compare the performance of these scenarios relative to the Base Year,
14 Cancer risk impact areas were benchmarked to the quintiles established previously for the Base
15 Year dataset. In comparing these scenarios to one another, it can be seen that the concentration of
16 Hispanics in the highest risk areas is greater in the Baseline scenario (73%) than is seen in the
17 Plan scenario (59%). The same can be said for this population group in the areas with somewhat
18 higher risk, where the concentration of Hispanics is 62% for the Baseline scenario and 49% for
19 the Plan scenario. Also, the concentration of Hispanics and Non-Hispanic Whites in the Plan
20 scenario is much more similar to each group’s representation in the larger population in the
21 region. When each scenario is compared to the Base Year scenario, it can be seen that the
22 concentration of Hispanics in the somewhat higher risk and highest risk areas increases with the
23 Baseline scenario. Alternatively, the concentration of Hispanics in the highest cancer risk areas
24 decreases from the Base Year with the Plan scenario, even though the percentage of Hispanics in
25 the regional population is anticipated to increase over this period. This shows that the Plan
26 scenario is a more equitable option over the Baseline scenario.

27 Although promising results can be seen when analyzing relative impacts on minority
28 population groups that result from the implementation of the Plan, it is also important to gage the
29 magnitude of cancer risk exposure to the population at large in the Plan scenario as compared to
30 the Baseline scenario. Exhibit 5 shows the difference in the number of people exposed to cancer
31 risk areas in the Plan scenario versus the Baseline scenario. As shown in the following chart, if
32 the number of people for a racial or ethnic group in a given quintile is positive, this shows that
33 there are more people residing in the respective exposure area in the Plan scenario than in the
34 Baseline scenario – which indicates that the densification of urban areas is increasing the number
35 of people exposed to the corresponding level of cancer risk. For example, the number of
36 Hispanic individuals in the “Relatively Higher Risk” and “Highest Risk” areas is negative for
37 both instances. This indicates that the Hispanic population residing in the relatively higher risk
38 cancer areas decreases in the Plan scenario as compared to the Baseline scenario. The opposite
39 can be said for non-Hispanic Whites, where this group’s population increases in the highest
40 cancer risk areas, which indicates that this group’s per capita exposure to cancer risk is higher
41 under the Plan scenario than the Baseline scenario.

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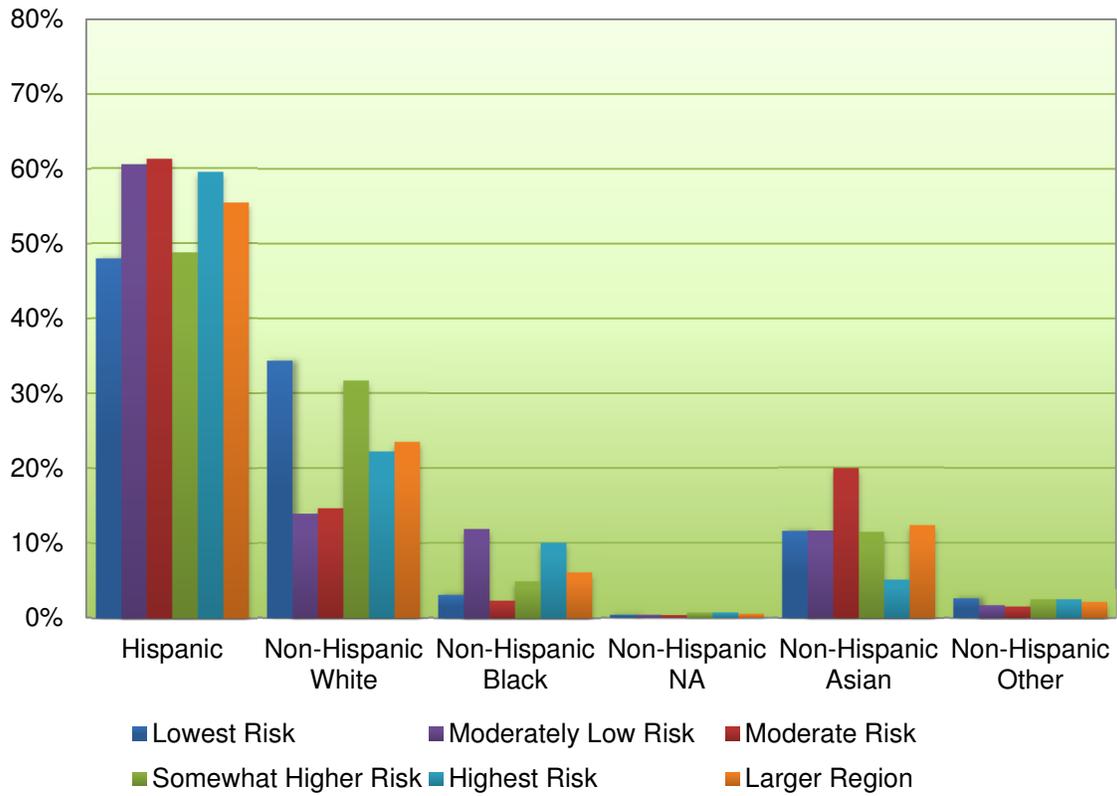
EXHIBIT 3 Percentage of Population by Race/Ethnicity in Areas with Varying Cancer Risk (Baseline - 2035)



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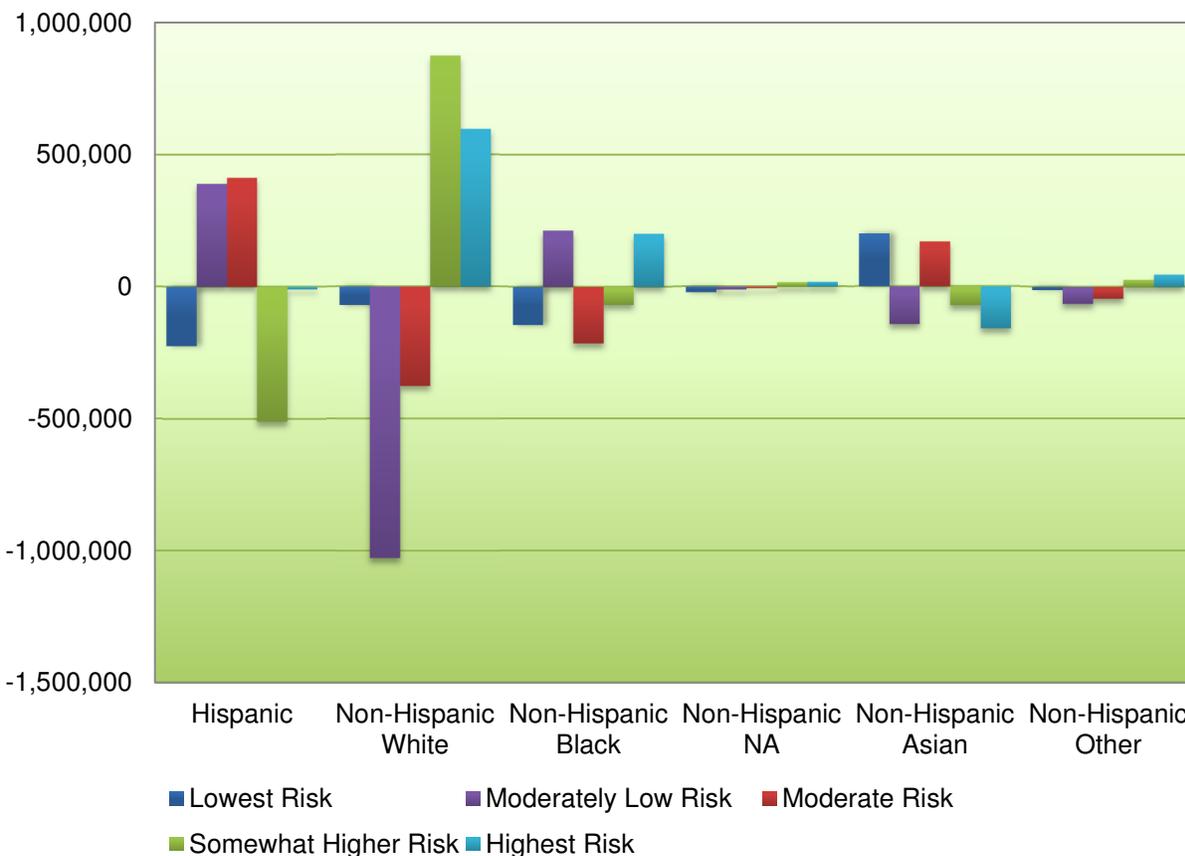
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EXHIBIT 4 Percentage of Population by Race/Ethnicity in Areas with Varying Cancer Risk (Plan - 2035)



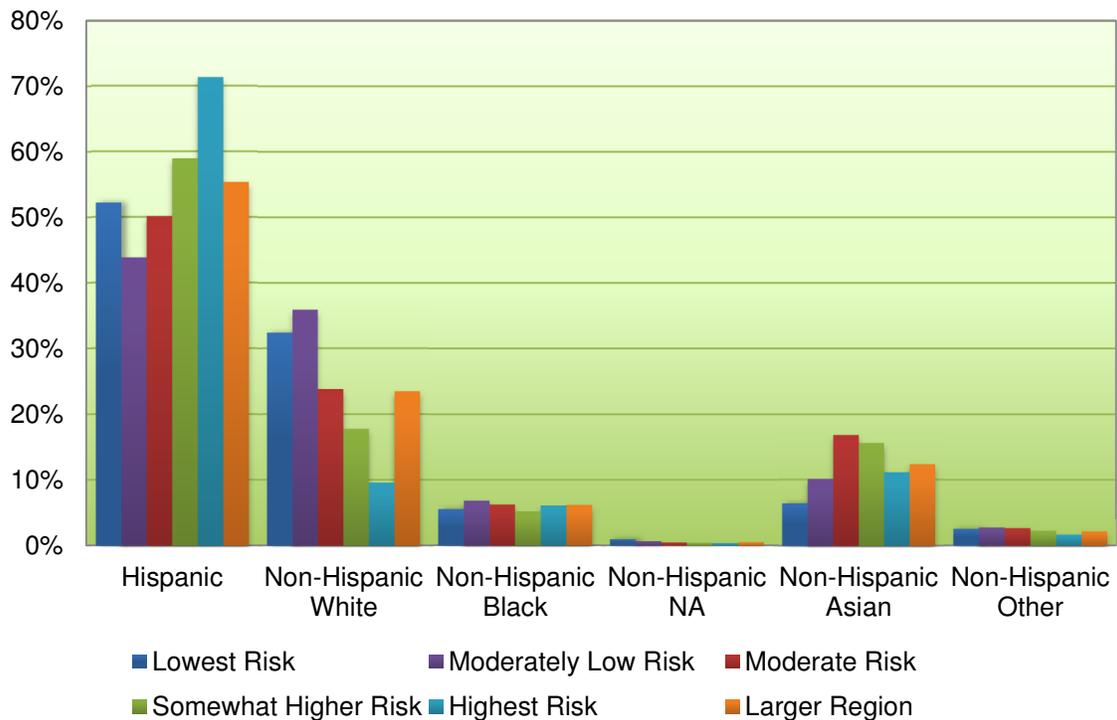
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1 **EXHIBIT 5 Population Difference in Cancer Risk Areas (Plan minus Baseline: 2035)**



2
3 In order to assess the impacts of the 2012-2035 RTP/SCS on public health in areas that
4 are in close proximity to highways/freeways, this same analysis was conducted for areas within
5 500 feet (152 meters) of highways/freeways in the SCAG region. Exhibits 6 and 7 show the
6 percentage of population by race/ethnicity in areas that experience a varying range of cancer risk.
7 From this data, it is clear to see that some population groups have a greater presence in areas
8 with higher risk than is seen in the greater region. Hispanics again show a higher concentration
9 in high risk areas that are in close proximity to highways/freeways than is represented in the
10 regional population for both the Baseline and Plan scenarios. Although small decreases are
11 experienced in the percentage of this group for the Plan scenario in areas with somewhat higher
12 risk and moderate risk, the dramatic difference that was seen between the scenarios at the
13 regional level does not play out in terms of relative impacts for areas within 500 feet (152
14 meters) of freeways/highways. Exhibit 8 shows the difference in the number of people exposed
15 to cancer risk areas in close proximity to freeways and highways in the Plan scenario versus the
16 Baseline scenario. As can be seen, the number of Hispanic individuals increases in the areas with
17 the highest level of cancer risk in the Plan scenario as compared to the Baseline scenario. The
18 opposite circumstance can be said of non-Hispanic Whites, where the population in this group
19 decreases in the Plan scenario when compared to the Baseline scenario.
20

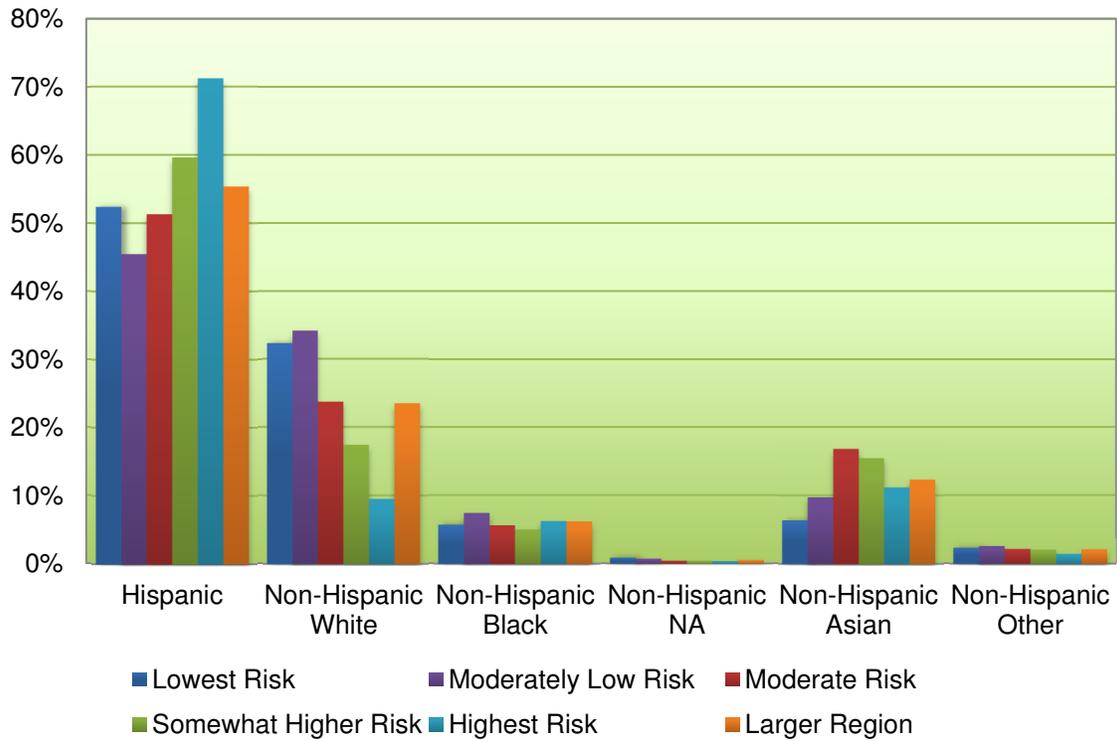
1 **EXHIBIT 6 Percentage of Population by Race/Ethnicity in Areas in Close Proximity to**
 2 **Highways/Freeways with Varying Cancer Risk**
 3 **(Baseline- 2035)**



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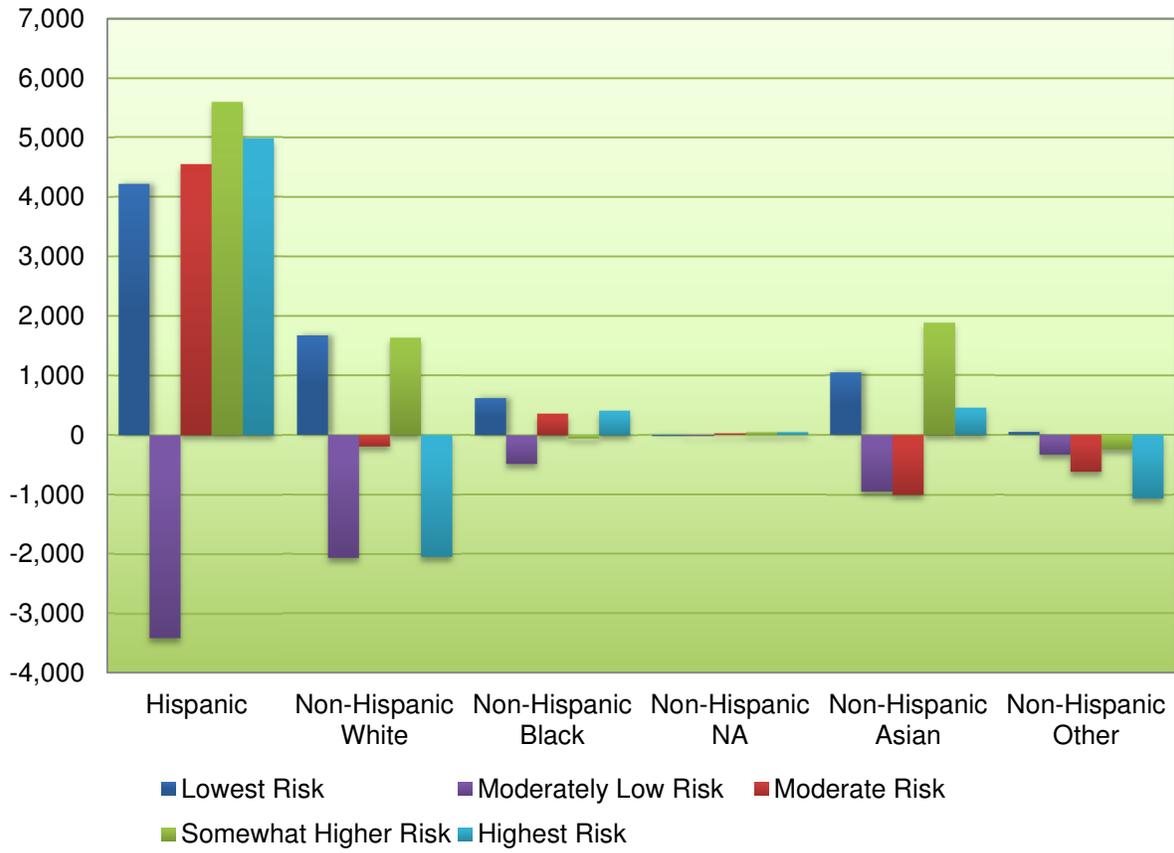
EXHIBIT 7 Percentage of Population by Race/Ethnicity in Areas in Close Proximity to Highways/Freeways with Varying Cancer Risk (Plan- 2035)



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EXHIBIT 8 Population Difference by Race/Ethnicity in Areas with Close Proximity to Freeways/Highways with Varying Cancer Risk (Plan minus Baseline - 2035)



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6

1 CONCLUSION

2 Smart growth strategies had a positive effect on public health as it relates to disproportionate
3 impacts and environmental justice for racial and ethnic minorities in the SCAG region. Although
4 results are more dramatic when studied at the regional level, reductions in health risks are still
5 experienced by-and-large in high impact areas, such as those in close proximity to
6 highways/freeways. Increases in population density in urban areas, however, have mixed results
7 in terms of cancer risk exposure to a greater numbers of residents. Although results at the
8 regional level are mixed, larger numbers of residents in areas in close proximity to highways and
9 freeways may be exposed to increased cancer risks as a result of population density increases in
10 urban areas. Additional mitigation is suggested to counter the increases in exposure to larger
11 populations, such as working with local jurisdictions and partner agencies to reduce the amount
12 of sensitive land uses (housing, hospitals, schools, etc.) that are sited within 500 feet of highly
13 traveled corridors. Other options are also available to limit the amount of emissions that enter
14 indoor areas, such as building air filtration systems, and improvements in building design.

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